

Food Tour

with

The Roman Food Tour

Rome
Italy



When in Rome eat like a Roman Don't know Parmesan from Pecorino? Can't get enough Parma ham? Want educating on DOC, Pata negra, aged balsamic and gelato? Or, maybe you just want to eat, drink and have fun in an authentic neighbourhood... we suggest a food tour with all the right ingredients.

Italy on a plate Romans have a long history of enjoying the finer things in life, so where better to sample something worshiped across Italy than a neighbourhood within sniffing distance of the Vatican City. Joshua and Henry, operate *The Roman Food Tour* - responding promptly to questions they organize logistics to a T - then, over coffee, a well informed food guide will tempt your palate and expand your knowledge on everything from sweet Sicilian Cannoli's to melt in your mouth pasta, plus, not one but five tastings of Rome's most acclaimed pizza, not to mention organic wine, gelato and, and ...

Taste bud treat On our daylight tour we made 8 stops, sampling more than 20 different everyday Italian treats. It was hard to pick a favorite - maybe fresh pasta in a bustling city market, fresh buffalo mozzarella, or a variety of cold cuts from arguably Rome's number one Deli - this entertaining stop included a variety of classic cheeses and 25 year old balsamic - along with a giant portion of Italian personality from 3 brothers who run the family business. We took a stand at a market bar to sample regional wine, before taking a seat at a community restaurant for pasta. Munching through the menu, we gained insight into the influences of history on today's Italian taste buds - 4 hours passed in a flash - ending with a lesson on how to spot 'fake' gelato, before sampling the real stuff **Our Thoughts** Tasting Rome with a local is a real treat. Take a break from the monuments... enjoy good info, good eats and a good time too.



Book now at:
www.romanfoodtour.com